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## WHAT IS CLAIMED IS:

- A longitudinal magnetic recording medium, comprising:
  - a non-magnetic substrate;
- 5 a plurality of underlayers formed on the non-magnetic substrate; and
  - a magnetic layer formed on the non-magnetic substrate via the plurality of the underlayers, the magnetic layer comprising
    - a lower magnetic layer containing at least one of Ru or Re in an amount of not less than 3 at% to not more than 30 at%, and Cr in an amount of not less than 0 at% to not more than 18 at%, and further containing at least one of B or C in an amount of not less than 0 at% to not more than 20 at%, and the balance being made up of Co, and
    - an upper magnetic layer containing Co as a main component, anti-ferromagnetically coupled with the lower magnetic layer via a non-magnetic intermediate layer.
  - 2. The longitudinal magnetic recording medium according to claim 1, wherein the plurality of the underlayers comprise a non-magnetic and amorphous structured first underlayer containing Co or Ni as a main component, and a body-centered cubic structured second underlayer containing Cr.
    - 3. The longitudinal magnetic recording medium

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according to claim 1, wherein the plurality of the underlayers comprise a first underlayer having a B2 structure, and a body-centered cubic structured second underlayer containing Cr.

- 4. The longitudinal magnetic recording medium according to claim 1, wherein at least one layer of the plurality of the underlayers is made of a non-magnetic and hexagonal close-packed structured alloy material containing Co.
- 5. The longitudinal magnetic recording medium according to claim 4, wherein the underlayer made of the non-magnetic and hexagonal close-packed structured alloy material containing Co is formed between the lower magnetic layer and the second underlayer.
- 6. The longitudinal magnetic recording medium according to claim 4, wherein the underlayer made of the non-magnetic and hexagonal close-packed structured alloy material containing Co is made of a Co-Ru alloy containing Ru in an amount of not less than 35 at% to not more than 60 at%.
- 7. The longitudinal magnetic recording medium according to claim 5, wherein the underlayer made of the non-magnetic and hexagonal close-packed structured alloy material containing Co is made of a Co-Ru alloy containing Ru in an amount of not less than 35 at% to not more than 60 at%.
- The longitudinal magnetic recording medium according to claim 1, wherein at least one layer of the

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plurality of the underlayers is made of a body-centered cubic structured alloy material containing Cr, and the Cr alloy contains B in an amount of not less than 2 at% to not more than 15 at%.

- 9. The longitudinal magnetic recording medium according to claim 2, wherein at least one layer of the plurality of the underlayers is made of a body-centered cubic structured alloy material containing Cr, and the Cr alloy contains B in an amount of not less than 2 at% to not more than 15 at%.
- 10. The longitudinal magnetic recording medium according to claim 3, wherein at least one layer of the plurality of the underlayers is made of a body-centered cubic structured alloy material containing Cr, and the Cr alloy contains B in an amount of not less than 2 at% to not more than 15 at%.
- 11. A magnetic storage apparatus, having:
  a magnetic recording medium, a driver for driving it
  in the recording direction, a composite head having an
  inductive magnetic head for recording and a spin-valve
  type magnetic head for reading in combination, a means
  for causing the head to perform relative movement with
  respect to the medium, and a read / write signal
  processing means with respect to the head; wherein
  - the magnetic recording medium, comprising:
    - a non-magnetic substrate;
    - a plurality of underlayers formed on the nonmagnetic substrate; and

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a magnetic layer formed on the non-magnetic substrate via the plurality of the underlayers, the magnetic layer including a lower magnetic layer containing at least one of Ru or Re in an amount of not less than 3 at% to not more than 30 at%, and Cr in an amount of not less than 0 at% to not more than 18 at%, and further containing at least one of B or C in an amount of not less than 0 at% to not more than 20 at%, and the balance being made up of Co, and an upper magnetic layer containing Co as a main component, anti-ferromagnetically coupled with the lower magnetic layer via a non-magnetic intermediate layer, and

the plurality of the underlayers comprising a nonmagnetic and amorphous structured first underlayer containing Co or Ni as a main component, and a body-centered cubic structured second underlayer containing Cr.

- 12. The magnetic storage apparatus according to claim 11, wherein the plurality of the underlayers of the magnetic recording medium comprise a first underlayer having a B2 structure, and a body-centered cubic structured second underlayer containing Cr.
- 13. The magnetic storage apparatus according to claim 11, wherein at least one layer of the plurality of the underlayers of the magnetic recording medium is made of a non-magnetic and hexagonal close-packed

structured alloy material containing Co.

- 14. The magnetic storage apparatus according to claim 13, wherein the underlayer made of the non-magnetic and hexagonal close-packed structured alloy material containing Co of the magnetic recording medium is formed between the lower magnetic layer and the second underlayer.
- 15. The magnetic storage apparatus according to claim 13, wherein the underlayer made of the non-magnetic and hexagonal close-packed structured alloy material containing Co of the magnetic recording medium is made of a Co-Ru alloy containing Ru in an amount of not less than 35 at% to not more than 60 at%.
- 16. The magnetic storage apparatus according to claim 11, wherein at least one layer of the plurality of the underlayers of the magnetic recording medium is made of a body-centered cubic structured alloy material containing Cr, and the Cr alloy contains B in an amount of not less than 2 at% to not more than 15 at%.

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